



Head Start Regional TTA Network

# Register Now

Region IV Head Start T/TA Network is proud to present:

## Café Time Connections: Health Manager Series

**Café Time Connections: Health Manager Series** is a 2-day training session for Health Managers from Region IV. We will explore strategies to buffer the impacts of stress, components of a Staff Wellness Plan, and activities to support individual and organizational well-being. There will be opportunities for networking and collaboration to gain tips to promote health, behavioral health, and safety. Together, we will review resources supporting Health Managers and other program leadership to ensure effective management of health services.

**Targeted Audience: Health Managers in Region IV**

**Dates:**

**February 14<sup>th</sup> and 15<sup>th</sup>, 2023**

**Times:**

**9:00 AM—4:00 PM CT**

**Location:**

**Courtyard Gulfport Beachfront  
1600 East Beach Blvd  
Gulfport, MS 39501**

**[Book your group rate for Cafe Time Connections: Health Managers Series](#)**

For individuals that wish to contact the hotel directly to book, they should reference **[Group Code: CTC](#)**  
The last day to make reservations is **[Wednesday, January 18, 2023.](#)**

**Registration Deadline: Wednesday, January 18<sup>th</sup>, 2023**

**Registration Link Below:**

**[Register Here for Health Managers](#)**

**TTA Contact Names and Emails:**

Dr. Shanna Scott [shanna.scott@icf.com](mailto:shanna.scott@icf.com)  
Natalie Thornock [natalie.thornock@icf.com](mailto:natalie.thornock@icf.com)

**Important: Each participant must register individually for this event.**

