





# FHSA 2021 Annual Conference & Expo

Day 1 – Wednesday	March 3, 2021
Time	
1:00 P.M – 2:10 P.M.	<p><b>Opening Keynote: Ensuring Head Start's role as an Engine for a Transformative, Anti-racist Early Childhood Agenda, <i>Iheoma U. Iruka, Ph.D.</i></b></p> <p>Science is clear about the power of the early years and early childhood programs and services. As one of the innovative drivers of early childhood programming, such as through intergenerational supports, Head Start stands as an important example and agenda-setter. As the country is reeling from a global pandemic and racial reckoning, early care and education has not been spared from examining how it can strengthen its racial equity focus. This keynote will focus on Head Start's strengths as an engine of innovation from programming to its place-based approach, while also examining how it can strengthen an anti-racist agenda for early care and education. Participants will also engage in what they and their organizations can do to incorporate a racial equity and intersectionality lens to engage in creating and implementing a transformative anti-racist early childhood agenda.</p>
2:10 P.M. – 2:25 P.M.	<p><b>Networking and Brain Break</b>            Exhibitor Opportunity</p>
2:25 P.M. – 3:40 P.M.	<p><b>Concurrent Education Tracks</b></p>
 <b>Curriculum/Instruction/Inclusion</b>	<p><b>Let's Give them Something to Talk About: Supporting Language &amp; Vocabulary Development in the Preschool Classroom, <i>Suzanne D. Adinolfi, VPK Regional Facilitator, Northwest, Office of Early Learning</i></b></p> <p>Recent research supports a strong connection between oral language and vocabulary skills and reading success. Expanding preschoolers' word and world knowledge fosters their development in several key areas and prepares them for school success and beyond. This session will focus on research, share creative classroom strategies, and provide high-quality early childhood professionals resources. The presenter will discuss best practices for delivering integrated activities that support language and vocabulary development throughout the day. Additionally, the presenter will share suggestions for community events and partnerships.</p>
<b>Suggested Audience</b>	Directors; Family Support; Head Start Parent/Guardians; Teachers: New; Teachers: Experienced; Training & Technical Staff
<b>Session Content Level</b>	Introductory (0-3 years' experience), Advanced (4+ years of experience)



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 <p><b>Social Equity &amp; Innovation</b></p>	<p align="center"><b>A New Approach to Special Education</b>, <i>Kelvin Weathers, Transformational Speaker- Minister</i></p> <p>It's called special education, but where are the specialists? Where are the therapists? The spiritual advisors? Where are the people with specializations that can help identify students' specific obstacles and develop an academic success plan? This affects minority children, underserved populations significantly because of this problem in special education. This session will address social equity and innovation related to early learning settings and provide a therapeutic approach in early education on how unfair labeling of children affects their mental and social well-being.</p>
<p><b>Suggested Audience</b></p>	<p>Administrators, Directors, Family Support, Teachers: New, Training &amp; Technical Staff, Head Start Parent/Guardians</p>
<p><b>Session Content Level</b></p>	<p>Introductory (0-3 years' experience)</p>
<p><b>Day 1 – Wednesday</b></p> <p>2:25 P.M. – 3:40 P.M.</p>	<p align="right"><b>March 3, 2021</b></p>
 <p><b>Ongoing Care &amp; Well-Being</b></p>	<p align="center"><b>Cultivating a Culture of Wellness</b>, <i>Kathleen Sullivan, Vice President of Programs / HS &amp; EHS Director and Philip Tavill, Chief Executive Officer, Children First Inc.</i></p> <p>Achieving a culture of wellness occurs over the years, not days, weeks, or months. Hear from Children First, Inc. Chief Executive Officer and the Head Start &amp; Early Head Start Director at one of the <i>Best Places to Work in Sarasota / Manatee</i> on how their organization has created a wellness culture among their staff and families. They will give specific examples of what they have initiated using data to inform their wellness program related to Mental Health, Social-Emotional Well-being, and Staff Health and Wellness.</p>
<p><b>Suggested Audience</b></p>	<p>Administrators, Directors, Training &amp; Technical Staff, Policy Council Members, Site Managers</p>
<p><b>Session Content Level</b></p>	<p>Advanced (4+ years of experience)</p>
 <p><b>Organization Leadership</b></p>	<p align="center"><b>Continuous Quality Improvement and Data Analysis – Tales from the Front Lines in Head Start</b>  <i>April Morris, Partner, CCR Analytics and Rick Mockler Principal Early Intel</i></p> <p>Come learn about Head Start programs' real experiences using their data to engage in Continuous Quality Improvement (CQI). We will explore how a group of Head Starts banded together to embark on similar data analysis projects, shared experts to inform continuous quality improvement and support each other along the way. We will explore benchmarking benefits, check out innovative dashboards, and explore quality improvement processes that will benefit all programs.</p>




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<b>Suggested Audience</b>	Administrators, Directors, Family Support, Training & Technical Staff, Home Based Supervisors, Site Managers
<b>Session Content Level</b>	Introductory (0-3 years' experience), Advanced (4+ years of experience)
 <b>Family, School &amp; Community</b>	<p align="center"><b>The Power of Words: Using Strength-Based Language to Communicate with Diverse Families</b>  <i>Dr. El Brown, CEO, KinderJam</i></p> <p>Communication is a crucial component to establishing and maintaining positive relationships with the diverse families we serve. In this training, learners will build skills to effectively communicate with families while demonstrating an acknowledgment of and respect for their unique and individual strengths. Additionally, the participants will leave this workshop with practical strategies to apply a Strength-Based Approach to their daily verbal, non-verbal, and written professional communication.</p>
	<p><b>Suggested Audience</b> Administrators, Direct Service Providers, Directors</p> <p><b>Session Content Level</b> Introductory (0-3 years' experience)</p>
3:40 P.M. – 4:00 P.M.	<p><b>Networking and Brain Break</b>          Exhibitor Opportunity</p>
<b>Day 1 – Wednesday</b>	<b>March 3, 2021</b>
4:00 P.M. – 5:15 P.M.	<b>Concurrent Education Tracks</b>
 <b>Family, School &amp; Community</b>	<p><b>Building Community through Compassion: Accessing Empathy through Shared Experience</b>, <i>Cory Berg, Executive Director, Hope Day School / ECE from the Heart with Cori Berg</i></p> <p><i>The pandemic has tested our relationships, emotional regulation, and our resilience. Yet this has been an opportunity to connect with our children, families, and colleagues in deeply meaningful ways. In this session, we will discuss the brain science of threat and responding to challenging interpersonal moments. We will explore the concept of vulnerability in the early education setting, co-regulation strategies to support community, and self-compassion as a tool to connect.</i></p>
	<p><b>Suggested Audience</b> Administrators, Direct Service Providers, Directors, Family Support, Teachers: New, Teachers: Experienced, Training &amp; Technical Staff, Home Based Supervisors, Site Managers, Head Start Parent/Guardians</p> <p><b>Session Content Level</b> Introductory (0-3 years' experience), Advanced (4+ years' of experience)</p>


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 <p><b>Social Equity &amp; Innovation</b></p>	<p><b>Teaching Children Who Don't Look Like You</b>, <i>Leonard Richard Webb, Educational Consultant, Webvolutionary Motivation</i></p> <p>Even before teachers get to know their students, they have already formed assumptions. This session will define and explore implicit bias and understand its role in working with diverse families. Attendees will leave understanding the role of structural and institutionalized racism and its impact on society's inequities, particularly in education.</p>
<p><b>Suggested Audience</b></p>	<p>Administrators, Family Support, Teachers: New, Teachers: Experienced, Head Start Parent/Guardians</p>
<p><b>Session Content Level</b></p>	<p>Introductory (0-3 years' experience)</p>
<p>4:00 P.M. – 5:15 P.M.</p>	<p style="text-align: right;"><b>March 3, 2021</b></p>
 <p><b>Ongoing Care &amp; Well-Being</b></p>	<p><b>Intentional Mindfulness: Coping with Everyday Stressors</b>, <i>Natacha Bazin, Child Safety, Health, &amp; Nutrition Program Manager, Lutheran Services Florida Palm Beach HS/EHS</i></p> <p>Mental health professionals that work with families, children, and staff witness the stress of their daily lives. The current climate also perpetuates anxiety; things that may seem minuscule are becoming some of the most significant stressors for our community. This session will help participants identify everyday stressors and provide coping tips to alleviate stressors. Participants will learn techniques to improve their overall healthier work/life balance, increase mental capacity of setting intentions/mindful meditation, and maximizing social-emotional well-being. These techniques are in alignment with staff health and wellness.</p>
<p><b>Suggested Audience</b></p>	<p>Administrators, Direct Service Providers, Directors, Family Support, Teachers: New, Teachers: Experienced, Training &amp; Technical Staff, Home Based Supervisors, Policy Council Members, Site Managers, Head Start Parent/Guardians</p>
<p><b>Session Content Level</b></p>	<p>Introductory (0-3 years' experience), Advanced (4+ years' of experience)</p>
 <p><b>Organization Leadership</b></p>	<p><b>Mind-Mapping to Success</b>, <i>K'ron Lightbourne, MPM - Master Project Manager</i></p> <p>All ideas begin mentally. To be effective and efficient in achieving goals requires high levels of planning. This session will condition participants' mindset and motivate them to embrace flexibility, change, and continuous improvement. This presentation journeys the path from conceptualizing to planning to accomplishment to continual improvements.</p>




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<b>Suggested Audience</b>	Administrators, Directors, Family Support, Teachers: New, Teachers: Experienced, Home Based Supervisors, Site Managers, Head Start Parent/Guardians
<b>Session Content Level</b>	Introductory (0-3 years' experience), Advanced (4+ years' of experience)
 <b>Family, School &amp; Community</b>	<p style="text-align: center;"><b>Family, School and Community Partnerships</b>, Entsar Elsayed, <i>ESE Teacher, Orange County Public Schools</i></p> <p style="text-align: center;">Schools and families have an essential role in promoting children's well-being. This session will focus on the significant role family, school, and community engagement play in promoting children's well-being, social, emotional, physical, and cognitive development. We will explore innovative approaches to enhance family, school, and community engagement.</p>
<b>Suggested Audience</b>	Administrators, Direct Service Providers, Directors, Family Support, Teachers: New, Teachers: Experienced, Training & Technical Staff, Home Based Supervisors, Policy Council Members, Site Managers, Head Start Parent/Guardians
<b>Session Content Level</b>	Introductory (0-3 years' experience)
<b>Day 1 – Wednesday</b>	
5:15 P.M. – 5:30 P.M.	<b>March 3, 2021</b>
	Exhibit Hall Opportunity
	<b>End of Day One</b>

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<b>Day 2 – Thursday</b>	<b>March 4, 2021</b>
<b>Time</b>	
9:00 A.M. – 10:15 A.M.	<b>Concurrent Educational Sessions</b>
	<b>Process Quality Throughout the Learning Environment, Ron Mohl, Lead Educational Presenter, Lakeshore</b>
<b>Curriculum/Instruction/Inclusion</b>	As teachers, we must become facilitators who encourage children to expand their learning. The presenter will dive into how play promotes cognitive and social-emotional development in children. In this session, you will learn how to effectively plan and promote intentional play activities to allow children the opportunities to spark their curiosity. The presenter will identify process quality characteristics observed in three areas: emotional support, classroom organization, and instructional support.
<b>Suggested Audience</b>	Teachers: New, Teachers: Experienced
<b>Session Content Level</b>	Introductory (0-3 years' experience)
	<b>Nurturing the Nurturer: Self-Care for Providers &amp; Parents, Debra Sosin, LICSW, Brazelton Touchpoints Center, Boston Children's Hospital</b>
<b>Ongoing Care &amp; Well-Being</b>	In times of stress and crisis, we all need to take care of ourselves. Yet, many people in caring professions and family members neglect their own mental health as they prioritize others' care. This webinar will explore self-care practices for early care professionals and the families they work with. You will be introduced to various self-care strategies and learn why we all need self-care, particularly during extremely stressful times. You will learn how to make the oftentimes difficult shift from nurturing others to nurturing yourself first.
<b>Suggested Audience</b>	Administrators, Direct Service Providers, Directors, Family Support, Teachers: New, Teachers: Experienced, Training & Technical Staff, Home Based Supervisors, Policy Council Members, Site Managers, Head Start Parent/Guardians
<b>Session Content Level</b>	Introductory (0-3 years' experience), Advanced (4+ years' of experience)
	<b>ERSEA Services During A Pandemic</b>
<b>Organization Leadership</b>	<i>Karen Surprenant, Management/Governance Specialist and Nicole Holman-Alexander, Program Management &amp; Governance Specialist, Head Start National Center on Program Management and Fiscal Operations</i>
<b>Suggested Audience</b>	Rethinking ERSEA during this Pandemic? Join us as we review ERSEA through the lens of Covid-19 and identify challenges and trends that impact services. This session will explore the elements of ERSEA and identify strategies to support planning and service delivery.
<b>Suggested Audience</b>	Head Start Directors, ERSEA, Family Service Staff

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<b>Session Content Level</b>	Introductory (0-3 years' experience), Advanced (4+ years' of experience)
<b>Day 2 – Thursday</b>	<b>March 4, 2021</b>
<b>Time</b>	
9:00 A.M. – 10:15 A.M.	<b>Concurrent Educational Sessions</b>
 <b>Organization Leadership</b>	<p style="text-align: center;"><b>Keeping Staff Motivated during Uncertain Times</b>, <i>Cynthia Krosky, President, Achieving Corporate Excellence, Inc.</i></p> <p>Employees take their cues from those who lead them, and research shows that 60 to 70% of retention is directly linked to leadership behavior. Employees who feel valued perform at their highest potential. 2020 presented agencies with challenges. This session offers six strategies for keeping staff motivated during these uncertain times, along with tools and techniques to empower and validate your team.</p>
<b>Suggested Audience</b>	Administrators, Directors, Site Managers
<b>Session Content Level</b>	Introductory (0-3 years' experience)
 <b>Family, School &amp; Community</b>	<p style="text-align: center;"><b>Family and Community Engagement: How and Why during a Pandemic</b>, <i>Kristin Lewis, CEO &amp; Founder, Breakthrough For Me, LLC.</i></p> <p>Equipping Head Start Providers with a way to engage families and their communities is a must. This session offers resources to increase enrollment, help identify community stakeholders to increase funding and community partnerships. The session is vital in the hour that we are surviving and attempting to thrive amid the current pandemic to meet Head Start Performance Standards.</p>
<b>Suggested Audience</b>	Administrators, Directors, Site Managers
<b>Session Content Level</b>	Introductory (0-3 years' experience), Advanced (4+ years' of experience)

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Day 2 – Thursday	<b>March 4, 2021</b>
10:15 A.M. – 10:30 A.M.	<b>Networking and Brain Break</b> Exhibitor Opportunity
<b>Time</b>	<b>Concurrent Educational Sessions</b>
10:30 A.M. – 11:45 A.M.	
 <b>Curriculum/Instruction/Inclusion</b>	<p><b>Navegando Mundos Diversos: Autenticando la Conciencia Racial y Etnica de los Preescolares (Navigating Diverse Worlds: Addressing Preschooler's Racial and Ethnic Understanding)</b>, <i>Ana L Gonzalez-Mora, VPK Regional Facilitator, FL DOE Office of Early Learning</i></p> <p>Children are curious about differences. Dialoguing with preschoolers about racial identity and ethnicity can be difficult for educators. How can educators developmentally appropriately respond to children's inquiries and affirm their racial and cultural identities throughout the school year? In this presentation, we will examine children's cognitive and social-emotional development related to race and consider how our practices shape their identities and behaviors.</p>
<b>Suggested Audience</b>	Direct Service Providers, Directors, Teachers: New, Teachers: Experienced, Training & Technical Staff, Head Start Parent/Guardians
<b>Session Content Level</b>	Introductory (0-3 years' experience)
 <b>Ongoing Care &amp; Well-Being</b>	<p><b>Communicable Disease Prevention in Early Education</b>, Gillian Gansler, Vice President, Business Development Quality Assist, Inc. and Michelle Salcedo, Kaplan Early Learning Company</p> <p>Even before the national pandemic, communicable disease prevention was a challenge in early education settings. Young children are naturally curious and do not yet understand basic health procedures like proper handwashing. This session will provide an overview of strategies for reducing the spread of all diseases in early education, including the methods for sanitizing and disinfecting classrooms. We will also review some of the American Academy of Pediatrics guidelines for excluding young children to prevent the further spread of illness.</p>
<b>Suggested Audience</b>	Administrators, Direct Service Providers, Directors, Family Support, Teachers: New, Teachers: Experienced, Training & Technical Staff, Home Based Supervisors, Policy Council Members, Site Managers, Head Start Parent/Guardians
<b>Session Content Level</b>	Introductory (0-3 years' experience), Advanced (4+ years' of experience)
 <b>Ongoing Care &amp; Well-Being</b>	<p><b>Keeping Your Spirit Healthy with Music</b>, <i>Maryann K Harman, Educational Consultant / Founder of Music with Mar. Music with Mar., LLC</i></p> <p>When times get tough, reach for a song. One of music's greatest gifts is touching the human spirit. This session will focus on brain research with its primary focus on how much it helps our mental health and well-being. Attendees will leave with a better understanding of how music can lift the spirit. The presenter will also provide resources for music and activities. If you want to feel energized, come to this session.</p>

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<b>Suggested Audience</b>	Direct Service Providers, Directors, Teachers: New, Teachers: Experienced, Training & Technical Staff, Home Based Supervisors, Head Start Parent/Guardians
<b>Session Content Level</b>	Introductory (0-3 years' experience), Advanced (4+ years' of experience)
 <b>Organization Leadership</b>	<p><b>Adaptability in Times of Crisis, Early Head Start all Hands on Board!</b> <i>Alina Jurado Chaney, Family and Community Services Manager, Early Learning Coalition of Palm Beach County</i></p> <p>It is essential to share the challenges and successes that the Early Learning Coalition of Palm Beach County faced and overcame during the COVID19 health crisis with our Head Start community. It takes preparation during times of peace and from the bottom up to have the structure and then the capacity to respond, act, and sustain operations regardless of the circumstances. This presentation will describe the preparation and processes implemented to create a culture of adaptability, togetherness, and support, in addition to administrative changes to respond with services in a moment of crisis.</p>
<b>Suggested Audience</b>	Administrators, Direct Service Providers, Directors, Family Support, Teachers: New, Teachers: Experienced, Training & Technical Staff, Home Based Supervisors, Policy Council Members, Site Managers, Head Start Parent/Guardians
<b>Session Content Level</b>	Advanced (4+ years' of experience)
 <b>Family, School &amp; Community</b>	<p><b>Choosing Your Attitude: Using Strength-Based Family Assumptions,</b> <i>M. Dewana Thompson, PhD, Brazelton Touchpoints Center, Boston Children's Hospital</i></p> <p>Providers' assumptions and emotions can sometimes get in the way of effective engagement with families. For example, when a family doesn't follow through on a recommendation, the provider can become frustrated. Choosing to adopt strength-based family assumptions supports providers in discovering the families' strengths with whom they work, which leads to improved relationships. In this session, you will learn how to use strengths-based assumptions in your interactions with families. You will learn about family engagement strategies for using the Strengths-Based Family Assumptions that you can immediately apply to your work.</p>
<b>Suggested Audience</b>	Administrators, Direct Service Providers, Directors, Family Support, Teachers: New, Teachers: Experienced, Training & Technical Staff, Home Based Supervisors, Site Managers, Head Start Parent/Guardians
<b>Session Content Level</b>	Introductory (0-3 years' experience), Advanced (4+ years' of experience)
<b>Day 2 – Thursday</b>	<b>March 4, 2021</b>
1:00 P.M. – 2:00 P.M.	<b>"Hot Topics" Networking Roundtables Rooms</b> Health ERESA Disabilities Policy Related Issues Education



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2:00 P.M. – 2:15 P.M.	<b>Networking and Brain Break</b> Exhibitor Opportunity
	<b>End of Day Two</b>




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<b>Day 3 – Friday</b>	<b>March 5, 2021</b>
<b>Time</b>	
9:00 A.M. – 10:15 A.M.	<b>Concurrent Educational Sessions</b>
 <b>Curriculum/Instruction/Inclusion</b>	<p style="text-align: center;"><b>Identifying Red Flags for Autism Spectrum Disorder and Developmental Disabilities</b>, <i>Chelsea Pierce, M.Ed.</i></p> <p style="text-align: center;">Teachers of young children have a lasting impact on their growth and development. During this session, participants will learn the most current statistics regarding diagnoses of ASD and other Developmental Disabilities. Participants will gain insight regarding differences between different diagnoses, common red flags to spot these challenges, and what to do next in the referral process. This session leaves participants feeling confident and well-equipped to support the needs of all learners.</p>
<b>Suggested Audience</b>	Administrators, Direct Service Providers, Directors, Family Support, Teachers: New, Teachers: Experienced, Training & Technical Staff, Home Based Supervisors, Head Start Parent/Guardians
<b>Session Content Level</b>	Introductory (0-3 years' experience)
 <b>Social Equity and Innovation</b>	<p style="text-align: center;"><b>Diverse Perspectives</b>, <i>Autumn Tomas, Vice-President of Head Start/Early Head Start, Episcopal Children's Services</i></p> <p style="text-align: center;">Recognition of diverse perspectives requires self-awareness, intellectual flexibility, and broad knowledge that enables the perception of the world through the eyes of others. This presentation will challenge your views on physical appearance, expand your thinking, and motivate change.</p>
<b>Suggested Audience</b>	Administrators, Direct Service Providers, Directors, Family Support, Teachers: New, Teachers: Experienced, Home Based Supervisors, Policy Council Members, Site Managers, Head Start Parent/Guardians
<b>Session Content Level</b>	Introductory (0-3 years' experience), Advanced (4+ years' of experience)



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<b>Day 3 - Friday</b>	
<b>Time</b>	
9:00 A.M. – 10:15 A.M.	<b>Concurrent Educational Sessions</b>
 <p><b>Ongoing Care &amp; Well-Being</b></p>	<p><b>Building Compassionate Self-Awareness in Early Childcare and Education</b>, <i>Tatiana Larionova, Nutrition Manager, Early Learning Coalition of Miami Dade Monroe</i></p> <p>This session will allow staff to develop self-acceptance practices, positive reassurance, mindfulness, stress-coping, and responsive and purposeful interactions with others, including children in their care. By building self-awareness and self-compassion and practicing the skills, staff are more likely to develop emotional resilience and tend with compassion for others.</p>
<b>Suggested Audience</b>	Administrators, Direct Service Providers, Directors, Family Support, Teachers: New, Teachers: Experienced, Training & Technical Staff, Home Based Supervisors, Policy Council Members, Site Managers, Head Start Parent/Guardians
<b>Session Content Level</b>	Introductory (0-3 years' experience), Advanced (4+ years' of experience)
 <p><b>Organization Leadership</b></p>	<p><b>Keeping Program Goals Alive in your Program!</b> <i>Maria McNair, Deputy Director, Tonica Whittaker, Quality Assurance Manager, and Catherine Penton-Gooch, Early Childhood Education Manager, Lutheran Services Florida, Inc.</i></p> <p>Is establishing and monitoring program goals just ONE of your many job responsibilities? This session is designed to help program leadership, particularly new managers &amp; directors, develop program goals and monitor progress towards achieving those goals. The presenters will discuss the planning cycle &amp; how-to set-up the process to establish program goals aligned with the agency Strategic Plan.</p>
<b>Suggested Audience</b>	Administrators, Directors, Training & Technical Staff, Site Managers
<b>Session Content Level</b>	Introductory (0-3 years' experience), Advanced (4+ years' of experience)
 <p><b>Organization Leadership</b></p>	<p><b>Budget Planning for Emergency Preparedness</b>, <i>Shandra Davis, Monitoring Support Lead, Natalie Williams, Fiscal Specialist, and Mark Mazon, Executive Coach, National Center on Program Management &amp; Fiscal Operations (NCPMFO),</i></p> <p>Documentation, documentation, &amp; more documentation! We have all heard that, if you do not have it, it did not happen. In this session participants will explore the concepts of allowability, reasonableness, and allocability as it relates to the budgeting process, procurement, recordkeeping &amp; reporting, and cost allocation during emergencies.</p>
<b>Suggested Audience</b>	Administrators, Directors, Training & Technical Staff, Site Managers
<b>Session Content Level</b>	Introductory (0-3 years' experience), Advanced (4+ years' of experience)




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10:00 A.M. – 10:30 A.M.	<b>Networking and Brain Break</b> Exhibitor Opportunity
10:30 A.M. – 11:45 A.M.	<b>Concurrent Educational Sessions</b>
 <b>Curriculum/Instruction/Inclusion</b>	<p><b>Leveraging Developmentally Appropriate Practices to Provide Quality Distance Learning</b>, <i>Cody Summerville, Senior Content Expert, HATCH Early Learning</i></p> <p>Developmentally appropriate practices are essential, even when providing distance learning opportunities. This session empowers teachers and administrators to hold true to developmentally appropriate practices when adapting the learning environment for distance learning so that all children are meeting critical milestones and making progress towards kindergarten readiness.</p>
<b>Suggested Audience</b>	Administrators, Directors, Family Support, Teachers: New, Teachers: Experienced
<b>Session Content Level</b>	Introductory (0-3 years' experience)
<b>Day 3 – Friday</b>	<b>March 5, 2021</b>
<b>Time</b>	
10:30 A.M.-11:45 A.M.	
 <b>Social Equity and Innovation</b>	<p><b>Elevating Equity, Inclusiveness, and Belongingness in Everyday Conversations and Interactions with Children, Families, and Communities</b>, <i>Eurnestine Brown, PhD., Brazelton Touchpoints Center, Boston Children's Hospital</i></p> <p>This interactive workshop session will explore creative strategies for bringing an equity, inclusiveness, and belongingness (EIB) lens to our work with children, families, and communities. Key terms will be defined and examined. This session will provide real-life examples highlighting how a shared EIB vision strengthens infant/child, family, and community well-being. An authentic, intentional, and meaningful EIB lens can significantly influence the socioemotional and relational lives we experience.</p>
<b>Suggested Audience</b>	Teachers: New, Teachers: Experienced, Training & Technical Staff
<b>Session Content Level</b>	Introductory (0-3 years' experience)

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 <b>Ongoing Care &amp; Well-Being</b>	<p><b>Cultivating a Culture of Self Care in Uncertain Times</b>, <i>Melissa C. Harrell, Mental Health Coordinator, WAGES Community Action Agency</i></p> <p>The events of 2020 have taxed our mental load. This unique session will allow a space for personal awareness and reflection of how these unprecedented times have impacted individuals and organizations. Participants will gain a deeper understanding of their biological responses to stress, where they are in the burnout cycle, and how to mitigate/ heal with mindfulness skills.</p>
<b>Suggested Audience</b>	Administrators, Direct Service Providers, Directors, Family Support, Teachers: New, Teachers: Experienced, Training & Technical Staff, Home Based Supervisors, Policy Council Members, Site Managers
<b>Session Content Level</b>	Advanced (4+ years' of experience)
 <b>Organization Leadership</b>	<p><b>Center Directors Take the Lead</b>, <i>Michelle Toral, Head Start Section Manager and Dr. Maite Riestra-Quintero, Head Start &amp; Early Head start Director, Assistant Director of CAHSD, Miami-Dade County Community Action &amp; Human Services Head Start &amp; Early Head Start</i></p> <p>Center Directors are the backbone of a program, but their professional development needs are often overlooked. Come learn how Miami-Dade County Head start focused on their center directors' professional development needs. Participants will learn how to identify training needs, develop meaningful professional development opportunities, and create a community of practice to encourage collaboration.</p>
<b>Suggested Audience</b>	Administrators, Directors, Training & Technical Staff, Site Managers
<b>Session Content Level</b>	Introductory (0-3 years' experience), Advanced (4+ years' of experience)
 <b>Family, School &amp; Community</b>	<p><b>Engaging Fathers as Stakeholders in Children's Academic Achievement</b>, <i>Dwayne Meeks, Executive Director, Urban Colors Arts and Mentoring</i></p> <p>Do you understand the value fathers bring to children's lives? This session will focus on the mental models of fathers and families of underserved populations. Participants will receive resources to use to support fatherhood engagement.</p>
<b>Suggested Audience</b>	Administrators, Direct Service Providers, Directors, Family Support, Teachers: New, Teachers: Experienced, Training & Technical Staff, Home Based Supervisors, Policy Council Members, Site Managers, Head Start Parent/Guardians
<b>Session Content Level</b>	Advanced (4+ years' of experience)
12:00 P.M. – 12:15 P.M.	<p style="text-align: center;"><b>Networking and Brain Break</b>          Exhibitor Opportunity</p>

\*Tentative Schedule -Subject to change



## FHSA 2021 Annual Conference & Expo

1:30 P.M. – 2:30 P.M.	<p><b>Closing Session: Head Start Leaning into the Curve</b></p> <p>During times of uncertainty, everyone is experiencing a learning curve as we adapt to all the world changes. Rather than resisting, we are “leaning into the curve” to become more adaptable and innovative. Join us for a panel discussion on how programs have adapted, and lessons learned to prepare for the next era of early childhood education.</p>
	<b>End of Conference</b>

*\*Tentative Schedule -Subject to change*