

# “Building Good Character from a Father’s Perspective”



Presented by  
Patrick H. Manuel

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# Dance with My Father



Back when I was a child,  
Before life removed all the innocence  
My father would lift me high and dance with my  
mother and me and then  
Spin me a round till I fell asleep  
Then up the stairs he would carry me  
And I knew for sure I was loved

If I could get another chance, another walk, another  
dance with him, I'd play a song that would never,  
ever end. How I'd love, love, love to Dance with my  
father again.

Luther Vandross

ABWT, Inc.



The need to start early instilling Good Character is more important now than ever before.

Wouldn't you agree?





In order to be effective in  
any endeavor one must  
start with self assessment.

**We must know where we  
are in order to meet our  
clients where they are.**



# Exercise

Honor those who have  
positively impacted you.



# What is Character Education?

**Education** that nurtures and promotes the ethical, intellectual, social and emotional development of individuals. It is a continuous learning process that enables young people and adults to become **moral**, caring, responsible individuals.



# Good Character

Your top 5 character traits  
on 3x5 card.





In order to engage fathers  
we must meet them where  
they are.



What are some Character  
traits of a:

good Person?  
good Father?  
good Mother?

Group Activity



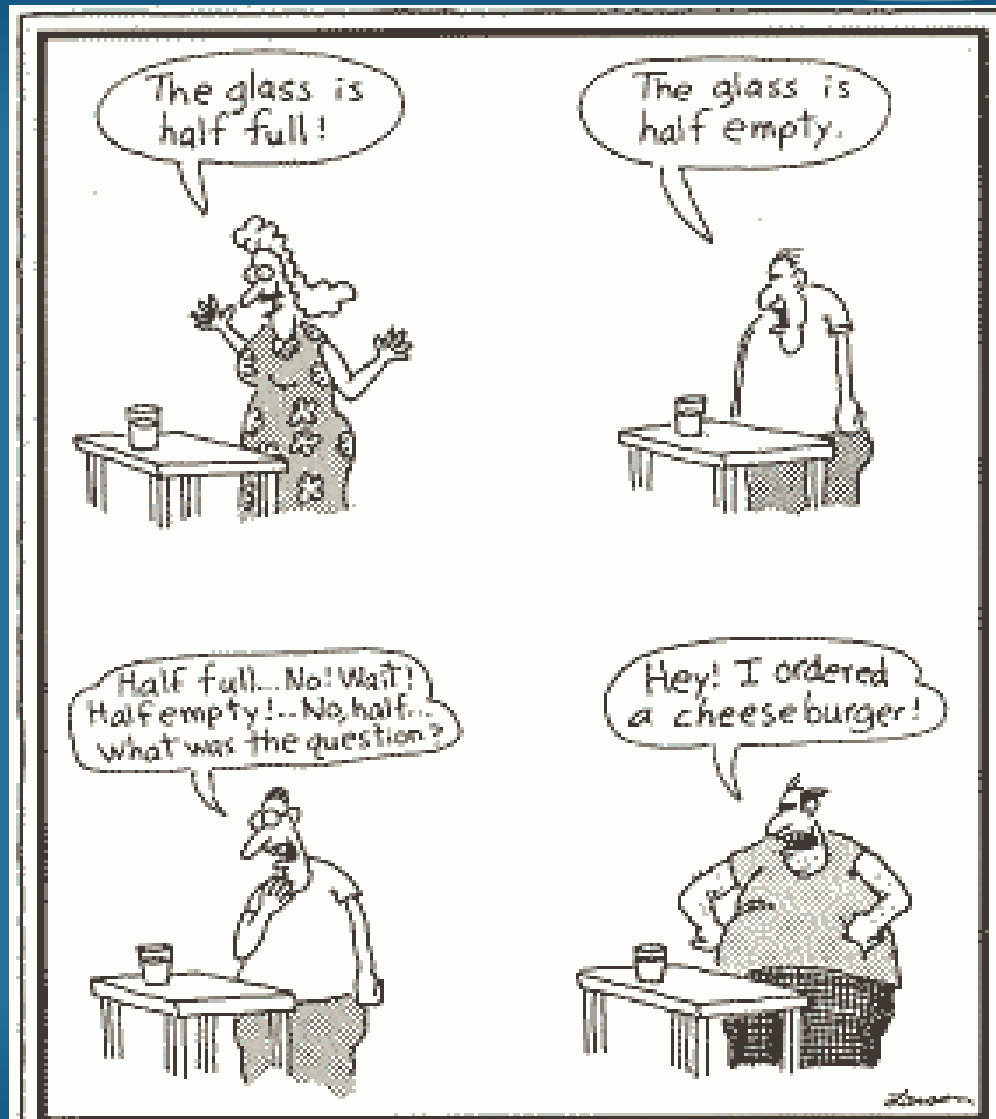
# Discussion

Of these traits which are more important to:

- mothers?
- fathers?

Strong, tall, big, handsome, studly, rough, tough, charming, robust, protective, hero, powerful, aggressive, funny, hard working, nice, sexy, cutie, short, fat, fit, bald, hot, smart, athletic, attractive, dependable, reliable, helpful, good friend.





The four basic personality types



## Discussion

What are some challenges that fathers face in modeling the identified character traits?

- Their upbringing
- Unemployment
- Difficulty keeping a job
- Lack of money to buy things for their children
- Inability to pay child support
- Inability to pay bills



# The Golf Ball Story





# A male's orientation toward life tends to be outward.

- Explorative
- Determined to “deliver the goods
- Needs to know what's next
- Opportunistic
- Takes chances
- Initiator
- Active and aggressive
- Competitive and dominant





# Co-Parenting

describes a parenting situation where the parents are not in a marriage, cohabitation, or romantic relationship with one another.





# Co-Parenting Models

- **Conflicting**
- **Parallel**
- **Cooperative**



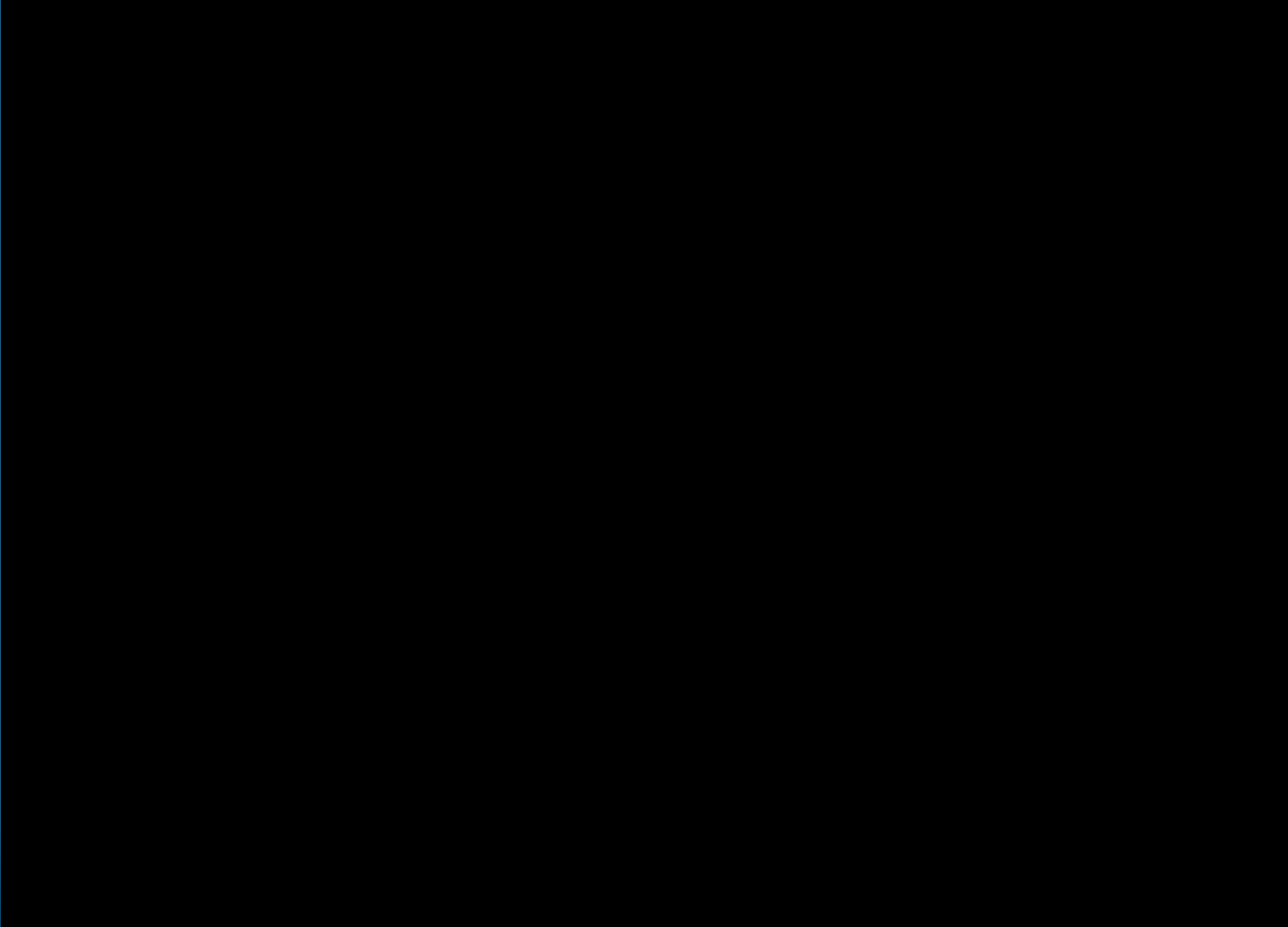
# I. Conflicted Model

Parents undermine each others relationship with the child, with constant put-downs of the other parent and even fight openly in front of the child.





# How Important is Clear Communication?





## II. Parallel

The most common form of co-parenting. These parents simply ignore each other. They do not interfere with each other's parenting or make any coordinated parenting strategies.





## III. Cooperative

parents put the well-being of their children first. These are parents who talk over the children's problems, coordinate household rules and child-rearing practices, and adapted their schedules to fit their children's needs.





# Co-Parenting Models Comparison

## Handout



# Write down the first thing you see.

1.



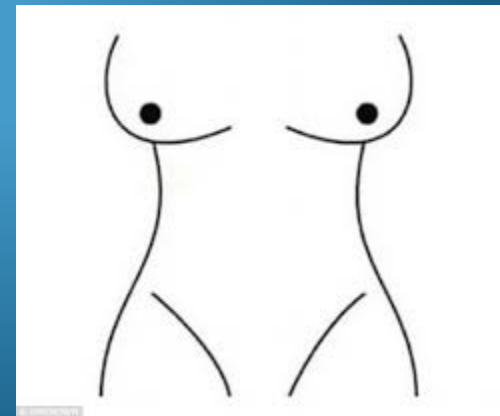
2.



3.



4.



Our perception is what is real to us. (Myality)  
However, sometimes our perception may not be consistent with reality.



# “Building Good Character from a Father’s Perspective”

Requires that a father:

- Know thy self
- Address the challenges
- Assume the role
- Accepts help





# Helpful Tips for Fathers

1. “Teach by example
2. Be clear about your values
3. Show respect for your spouse, your children, and other family members.
4. Model and teach your children good manners.
5. Capitalize on “teachable moments.
6. Set clear expectations for your children and hold them accountable for their actions.
7. Learn to say no and mean it.
8. Plan family service projects or civic activities.



# “Building Good Character from a Father’s Perspective”



Bounce into building Good Character  
With  
“B-R-O-W the Lion”



# “Good” fathers Model

**H**umility

**U**nderstanding

**M**otivation

**A**ppreciation

**N**ice (Naturalness)

**B**alanced

**E**nthusiasm

**I**ntegrity

**N**eutral (In judgment of others)

**G**iving



We must restore, instill, respect,  
protect and maintain  
*Our Forefathers' Human Foundation  
(OFHF) of Integrity* and their display  
of good character teamed with people  
of good character.

Reach out and Touch somebody's hand  
Make this world a better place if you can.



Diana Ross

We must know where we  
are in order to meet our  
clients where they are.





“Good” Fathers model the character traits that insure their child’s future success.

